

CATFISH



ABOUT CATFISH

CATFISH IS ONE OF THE MOST POPULAR FISH TO EAT IN THE U.S., BOTH AS A DOMESTIC FISH AND AS AN IMPORTED FISH. THE MILD TASTE, COMBINED WITH ITS MEATY TEXTURE, MAKES CATFISH A VERY VERSATILE PRODUCT. ITS MOST POPULAR APPLICATIONS ARE BREADED AND FRIED, AS WELL AS BLACKENED CATFISH FILLETS. THE U.S. IS ONE OF THE LARGEST COUNTRIES IN TERMS OF PRODUCTION AND IMPORTING OF CATFISH PRODUCTS WORLDWIDE. THERE ARE MANY DIFFERENT TYPES OF PRODUCTS FOR CATFISH, SUCH AS FILLETS, NUGGETS, WHOLE, STEAKS, AND DRESSED CATFISH.



PACKAGING

IQF - PACKED IN 15LB MASTERS
 FILLETS ARE INDIVIDUALLY QUICK FROZEN
 AND PACKED BULK FOR EASE OF HANDLING.

MASTER CARTONS



Western Edge SEAFOOD CATFISH

Nutrition Facts

Amount per Serving	Serving Size: 100g
Calories 151	Calories from Fat 40
% Daily Value*	
Total Fat 4g	7%
Saturated Fat 1g	6%
Trans Fat 0g	0%
Cholesterol 92mg	31%
Sodium 68mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%

Protein 26g

Not a significant source of Trans Fat, Dietary Fiber, Vitamin A, Vitamin C, or Calcium

*Percent Daily Values are based on a 2,000 calorie diet.